

## DECLARATION OF PREGNANCY

To: \_\_\_\_\_, MSFC Radiation Safety Officer

and

\_\_\_\_\_ ( your supervisor )

In accordance with the NRC's regulations at 10 CFR 20.1208, "Dose to an Embryo/Fetus", I am declaring that I am pregnant. I believe I became pregnant in \_\_\_\_\_ (only the month and year need be provided).

I understand the radiation dose to my embryo/fetus during my entire pregnancy will not be allowed to exceed 0.5 rem ( 5 millisievert ) (unless that dose has already been exceeded between the time of conception and submitting this letter). I also understand that meeting the lower dose limit may require a change in job or job responsibilities during my pregnancy.

\_\_\_\_\_  
( Your signature )

\_\_\_\_\_  
( Your Name Printed )

\_\_\_\_\_  
( Date )